our honestly healthy catering menu				salads (single serve)	create your own 4 toppings \$17.50, 5 toppings \$18.50, 6 toppings \$19			
			GF	chicken chipotle (popular)	\$18 <sup>.50</sup>	base	dressing	toppings
V = vegan GF = gluten free  healthy snacks				shredded free-range chicken, corn, shredded cheese, tortilla crisps, black beans, coriander, jalapeÒos & cos lettuc with chipotle mayonnaise dressing	e	cos lettuce mixed leaves spinach warm brown rice	balsamic vinaigrette basil pesto caesar chipotle mayonnaise	
	g c			modern caesar	<sup>\$</sup> 19	vegan chicken stock	jalapeno lime fresh lemon	coriander corn
GF	free-range boiled eggs & spinach	<sup>\$</sup> 6		shredded free-range chicken, crispy bacon, free-range egg, parmesan, croutons & cos lettuce with caesar dressing	í		spiced tahini white balsamic zesty asian	croutons cucumber currants
GF V	shelled edamame	\$ <b>6</b>		a cos lectude with caesar dressing				danish feta edamame
GF		6.4	V	vegan slaw	<sup>\$</sup> 16	protein		free-range egg fried shallots
	falafel & spiced tahini dip	<sup>\$</sup> 6		carrot, mint, red cabbage, coriander, edamame, fried shallots & cos lettuce		crispy bacon flaked tuna		jalapenos
GF V	fruit salad	<sup>\$</sup> 6	٥٦	with zesty asian dressing		falafel parmesan marinated pulled pork olive		
	protein bars	\$ <b>5</b>	GF	middle eastern falafel falafel, mint, currants, cucumber, tomato, spanish onion & cos lettuce with tahini dressing	\$17	shredded free-range chicken quin warm marinated chicken red warm meatballs sesa shre		pinenuts quinoa
ı	protein balls	<sup>\$</sup> 5						red cabbage sesame seeds shredded cheese spanish onion
			GF	protein powerhouse	\$17 <sup>.50</sup>			tomato tortilla crisps
				flaked tuna, edamame, free-range egg, quinoa, beetroot & spinach with olive oi & lemon juice	1	du Dallana (serves 4-5)		dukkha almonds coconut
	drinks		V	superfood detox	\$18	each of our platters contain 4-5		
	still water	\$ <b>டி</b> .50		marinated tofu, coriander, quinoa, beetroot, edamame, sesame seeds & mixed leaves with zesty asian dressing	.0	servings, ideal for meetings and corporate lunches.		
						choose from a variety of flavours:		
	sparkling water	\$ <b>5</b>	GF	quinoa chicken	\$18 <sup>.50</sup>	GF chicker	n chipotle (popular)	<sup>\$</sup> 67
	coke zero	\$ <b>4</b> .50		shredded free-range chicken, feta, almonds, quinoa, black olives & mixed		modern caesar \$69		
	-12-41		leaf with balsamic vinaigrette		∨ vegan s	slaw	\$ <b>58</b>	
	diet coke emma & toms juice	\$ <b>4</b> .50 \$ <b>5</b> .50		<pre>pulled pork tortilla marinated pulled pork, tomato, shredded cheese, capsicum, corn, tortilla crisps &amp; cos lettuce with jalapeno lime dressing</pre>	\$18 <sup>.50</sup>	GF middle	eastern falafel	\$6 <b>2</b>
						GF protein	powerhouse	<sup>\$</sup> 64
	emma & toms sparkling 250ml	\$ <b>5</b> .50			&	∨ superfo	ood detox	<sup>\$</sup> 65
	eninia o toms sparking 250mi	.5				pulled	oork tortilla	\$ <b>67</b>
						GF quinoa	chicken	\$ <b>67</b>